

## **Stamford Senior Center (SSC) - Membership Guidelines**

The Stamford Senior Center is dedicated to enhancing the quality of life for independent and active older adults by providing programs to keep seniors healthy and active in both mind and body in a safe, welcoming and diverse environment. Membership is open to persons age 60 and older who meet the eligibility guidelines outlined below and who are current with their annual membership dues.

The following guidelines have been developed to enhance the experiences of all members. In our effort to provide a safe, comfortable environment for all, we realize that there are some situations or behaviors that may detract from the enjoyment of the facility by the membership at-large. The following guidelines cannot address every situation that may arise but, instead, are intended to assist the Board of Directors and the Staff to determine what issues and behaviors could jeopardize a member's participation.

**COVID – 19 Restrictions: All in person activities at the SSC are limited to persons who are fully vaccinated against the COVID-19 virus. Proof of vaccination must be provided with membership application. Non-vaccinated members can participate in our outdoor classes in the park, drive through meals and all our virtual classes. Anyone with a documented medical exemption should contact the Executive Directors to discuss.**

### **Participation is limited to individuals who:**

- Are self-mobile with or without assistive devices, such as a wheelchair, walker, cane, service dog, or with their personal companion/aide \*
- Are able to independently negotiate SSC facilities and/or field trips safely\*
- Are able to communicate, understand and carry out directions from staff and to recognize and respond appropriately to emergency situations
- Show good judgment, are orientated to time and place, have capacity for self-direction and the ability to interact appropriately with other participants and staff
- Maintain proper personal hygiene and have clean and appropriate clothing

### **Guidelines:**

- **Members must wear face masks covering their mouth when walking around anywhere inside the Government Center and adhere to social distancing guidelines at all times .**
- **Members who exhibit any signs of COVID-19 (fever, new body aches, sore throat, loss of sense or smell or difficulty breathing) cannot attend the SSC and should quarantine for 10 days.**
- **Members must scan in upon arrival, either at touch screens or by a staff member, using a mobile scanner and scan out when they leave.**
- Members must promote good will. No member shall mistreat, either verbally or physically, any other member or staff. Inappropriate language, destructive comments or behaviors will not be tolerated.
- Violence of any kind will be grounds for immediate suspension of member's participation.
- Members are asked to encourage diversity. Isolation or discrimination of members based on race, religion, color, sex, national origin, sexual orientation and/or physical or mental disability will not be tolerated.
- The use of illegal drugs or alcohol, or smoking, is not permitted anywhere in the building.
- Rooms and equipment are for the use of all members and never for the exclusive use of any one group or member.

- Restrooms are not to be used for bathing, shaving or washing clothes.
- Littering, destruction or theft of SSC property will not be tolerated.
- Personal belongings must not be left unattended and the SSC is not responsible for lost belongings.
- No solicitation or sales of goods or services by an individual or group are allowed.

*\*Members who meet these qualifications but also require the assistance of their own personally hired aide/companion may attend. The aide/companion is expected to adhere to these guidelines and accompany the member at all times. **The SSC does not provide aides or companions.***

The SSC is not an adult day care program. If the SSC's staff is unable to accommodate a member whose health, physical, or mental condition necessitates supervision or renders the member unable to participate in Center activities, the member will be contacted to discuss alternative programs that offer a higher level of routine care. The Executive Director has the final authority for assessing a member's suitability for the programs.

A system of two verbal warnings and a final written warning will be utilized to address membership infractions of these guidelines, including rude and offensive behavior. A Committee, including a Board member, and the Executive Director, will meet with the member at the issuance of the written warning. If the problem behavior continues, a suspension will be issued. Length of the suspension is at the discretion of the Committee, with the approval of the Executive Committee of the Board.

Membership and Participation at SSC will be discontinued immediately if the individual is engaged in illegal activity or presents a danger to others or him/herself while at the SSC. In these instances, 911 will be called immediately.

### **Government Center Parking**

- Parking for SSC members is available on the 3rd floor in SSC reserved spaces (members must have their parking decal displayed on their driver's side front windshield). Permits are available for members at the front desk of the SSC.
- Members can park in any other spaces that are NOT marked as reserved on floors 2,3 & 4. If you park in reserved spaces, you will be ticketed.
- Parking on the ground floor of garage is only for those who will be here less than 2 hours. Anyone parking for more than 2 hours on the ground floor will be ticketed.
- **The SSC is NOT responsible for any parking tickets.**